



PRESS RELEASE

CITY OF CHARLOTTESVILLE

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The Dalai Lama To Visit Charlottesville in October

CHARLOTTESVILLE, VA - The Foundation for American Heritage Voices, the Tibetan Association of Charlottesville, the UMA Institute for Tibetan Studies, and the City of Charlottesville are hosting **Tenzin Gyatso, His Holiness the 14th Dalai Lama of Tibet, on Thursday, October 11th, 2012**. The spiritual leader of Tibetan Buddhism and winner of the 1989 Nobel Peace Prize will speak at two events on Charlottesville's Historic Downtown Mall, and the content of his lectures will draw on the overarching theme of "**Compassion as a Global Remedy**".

The first event will be a panel discussion entitled "Compassionate Care in 21st Century Medicine" at the Paramount Theatre. Former Charlottesville Mayor and City Councilperson Dr. David Brown will moderate the discussion with His Holiness and a distinguished panel of medical professionals.

The second event will be a public speaking engagement that will focus on the Dalai Lama's recent publication, "Beyond Religion: Ethics for a Whole World" at the nTelos Wireless Pavilion. Charlottesville Mayor Satyendra Singh Huja will present His Holiness with a proclamation and a key to the City in recognition of his contributions to peace, nonviolence, human rights and religious understanding.

"We are honored to have the Dalai Lama as our guest, and we hope to benefit from his wisdom and his concept of compassionate living," said Mayor Huja.

The Dalai Lama has visited Charlottesville on two previous occasions, taking part in lecture panels for the University of Virginia in 1979 and 1998; however, the outdoor public speaking event at the Pavilion will be a first for Charlottesville, a historic event that ties in well with the City's 250th anniversary.

The Dalai Lama is visiting Charlottesville at the invitation of the [Foundation for American Heritage Voices](#), the [Tibetan Association of Charlottesville](#), the [UMA Institute for Tibetan Studies](#), and the [City of Charlottesville](#).

The City of Charlottesville Office of Communications has launched a website at www.charlottesville.org/dalailama to provide the public with information on the October 11th event. This site will be updated as more information becomes available.

Tickets for this event will go on sale to the general public on Monday, August 13th for the Paramount event and Friday, August 17th for the Pavilion event. Ticket prices and venue seating will be made available just prior to those dates.

His Holiness the 14th Dalai Lama does not charge a speaking engagement fee, and no aspect of His Holiness' visit is being used to profit financially. Any funds raised through sponsorships and tickets sales will be used only to cover expenses for the events benefiting humanity. Should there be any surplus funds from His Holiness' events, that surplus will be disbursed to charitable organizations under the advisement of His Holiness the 14th Dalai Lama.

DALAI LAMA EVENT SCHEDULE

Thursday, October 11th, 2012

PARAMOUNT THEATRE:

9:00 AM to 10:00 AM - Photography of Tibetan Culture
(HHDL will NOT be participating)

10:00 AM to 11:30 AM - Panel Discussion with His Holiness the Dalai Lama
Theme: "Compassion in 21st Century Medicine"

WELCOME

Dr. Narinder S. Arora, Co-founder and Medical Director of the Mattaponi Healing Eagle Clinic that serves American Indians in the state of Virginia.

MODERATOR

Dr. David Brown, Chiropractor, Former Mayor and City Councilman of Charlottesville

PANEL PARTICIPANTS

* George Beller, MD, Distinguished Professor of Cardiology and Internal Medicine, University of Virginia School of Medicine

* Leslie Blackhall, MD, MTS, Director, University of Virginia Medical Center Palliative Care Center, Professor of Internal Medicine, University of Virginia School of Medicine

* Dorrie K. Fontaine, RN, PhD, FAAN, Professor of Nursing and Dean, University of Virginia School of Nursing

* Richard Guerrant, MD, Director, Center for Global Health, University of Virginia School of Medicine, and Thomas H. Hunter Professor of International Medicine in the Division of Infectious Diseases and International Health

* James P. Nataro, MD, PhD, MBA Clinical Professor and Chair, Department of Pediatrics, University of Virginia School of Medicine

PANEL DISCUSSION

His Holiness the Dalai Lama will lead a panel of health care experts from the University of Virginia to discuss the integration of Tibetan mindfulness and compassion into Western health care. The timing is perfect. Western medicine is beginning to recognize and study the value of Eastern disciplines. This panel will explore the benefits of mindfulness and compassionate care and strategies for their effective use in Medicine and Nursing.

nTELOS WIRELESS PAVILION:

12:30 PM to 1:30 PM - Tibetan and American Indian Cultural Event

Cultural demonstrations of Tibetan and American Indian singing, dancing, and music. Red Crooked Sky Dancers, an American Indian dance troupe, will perform traditional dances. (HHDL will NOT be participating)

1:30 PM to 3:00 PM - Public Talk with His Holiness the Dalai Lama

Theme: "Beyond Religion: Ethics for a Whole World"

WELCOME

City of Charlottesville Mayor Satyendra Singh Huja

INTRODUCTION

Jeffrey Hopkins, University of Virginia, Emeritus Professor of Religious Studies

PUBLIC TALK

His Holiness the Dalai Lama

[ABOUT THE DALAI LAMA](#)

Tibetan tradition says the dalai lamas are manifestations of the Buddha of Compassion, Chenrezig. The name "dalai" means "ocean" in Mongolian and "lama" is the Tibetan translation of the Sanskrit "guru".

The 14th Dalai Lama was born on July 6, 1935, in the Tibetan village of Taktser. In accordance with tradition, he was recognized at age two as the reincarnation of his predecessor, the 13th Dalai Lama. In 1989 he was awarded the Nobel Peace Prize for his non-violent struggle for the liberation of Tibet. He has consistently advocated policies of non-violence, even in the face of extreme aggression. He also became the first Nobel Laureate to be recognized for his concern for global environmental problems. His Holiness has traveled to more than 62 countries spanning 6 continents. He has met with presidents, prime ministers and crowned rulers of major nations. He has held dialogues with the heads of different religions and many well-known scientists. Since 1959 His Holiness has received over 84 awards, honorary doctorates, prizes, etc., in recognition of his message of peace, non-violence, inter-religious understanding, universal responsibility and compassion. His Holiness has also authored more than 72 books. His Holiness describes himself as a simple Buddhist monk. For more information about the Dalai Lama, please visit: **www.dalailama.com**.

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Four Co-Host Websites:

The Foundation for American Heritage Voices: www.americanheritagevoices.com

Tibetan Association of Charlottesville, VA: <http://tacville.wordpress.com>

UMA Institute for Tibetan Studies: <http://uma-tibet.org>

City of Charlottesville: www.charlottesville.org