

Special thanks go to

Lobsang Nyandak Zayul,

Representative of His Holiness the Dalai Lama in the Americas
for his guidance, support, and compassion in bringing the
“Compassion as a Global Remedy Conference” to Charlottesville, Virginia.

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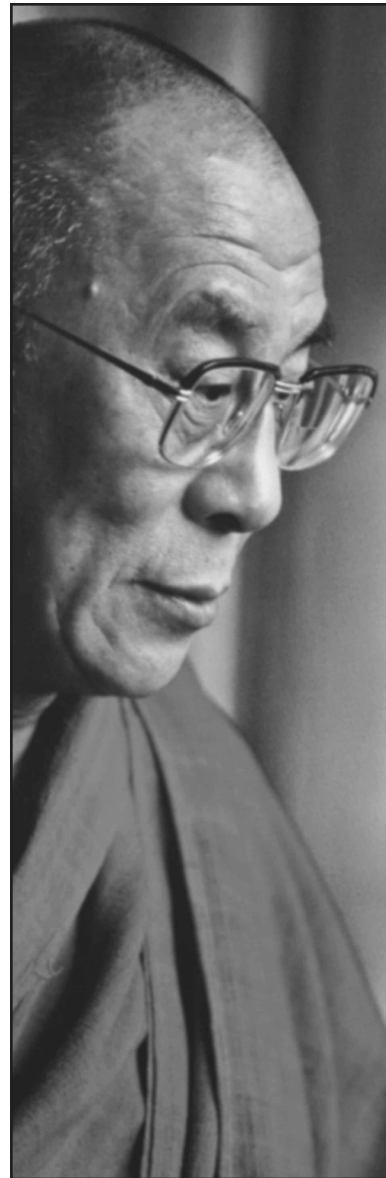
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The City of Charlottesville,
The Foundation for American Heritage Voices,
The Tibetan Associations of Charlottesville, and
The UMA Institute for Tibetan Studies

Present

**Tenzin Gyatso,
His Holiness
The 14th Dalai Lama of Tibet**

October 11th, 2012

**Compassion
As a Global Remedy**

Bringing wellness into this world requires
compassion in all areas of one’s life.
During his visit to Historic Downtown
Charlottesville, Virginia, His Holiness the
Dalai Lama will participate in a morning panel
discussion on compassionate care in the
practice of 21st century medicine.
In the afternoon, His Holiness the Dalai Lama
will give a public talk on his recent publication,
Beyond Religion: Ethics for a Whole World.

**“Love, compassion and concern for others
are real sources of happiness.”**

– The Dalai Lama



Streaming Link: new.livestream.com/tavco/HHDL
For More Information: www.charlottesville.org/dalailama

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These are community events for the public.

DALAI LAMA EVENT SCHEDULE
Thursday, October 11th, 2012

PARAMOUNT THEATER

10:00 AM to 11:30 AM

Panel Discussion with His Holiness the Dalai Lama
Theme: "Compassion in 21st Century Medicine"

MODERATOR

Dr. David Brown, Chiropractor, Former Mayor and City Councilor of Charlottesville

OPENING

Dr. Narinder S. Arora, Co-founder and Medical Director of the Mattaponi Healing Eagle Clinic, which serves American Indians in Virginia.

His Holiness the Dalai Lama in Dialogue with

PANEL PARTICIPANTS

- * **George Beller**, MD, Professor of Cardiology and Internal Medicine, University of Virginia School of Medicine
- * **Leslie Blackhall**, MD, MTS, Director, University of Virginia Medical Center Palliative Care Center, Professor of Internal Medicine, University of Virginia School of Medicine
- * **Dorrie K. Fontaine**, RN, PhD, FAAN, Professor of Nursing and Dean, University of Virginia School of Nursing
- * **Richard Guerrant**, MD, Director, Center for Global Health, University of Virginia School of Medicine, and Thomas H. Hunter Professor of International Medicine in the Division of Infectious Diseases and International Health
- * **James P. Nataro**, MD, PhD, MBA Clinical Professor and Chair, Department of Pediatrics, University of Virginia School of Medicine

PANEL DISCUSSION

His Holiness the Dalai Lama will lead a panel of health care experts from the University of Virginia to discuss the integration of Tibetan mindfulness and compassion into Western health care. The timing is perfect. Western medicine is beginning to recognize and study the value of Eastern disciplines. This panel will explore the benefits of mindfulness and compassionate care and strategies for their effective use in medicine and nursing.

Streaming Link: new.livestream.com/tavco/HHDL
For More Information: www.charlottesville.org/dalailama

DALAI LAMA EVENT SCHEDULE
Thursday, October 11th, 2012

nTELOS WIRELESS PAVILION

12:30 PM to 1:30 PM

Preshow: Tibetan and American Indian Cultural Event

Tibetan musician, Techung, will follow an American Indian dance troupe, the Red Crooked Sky, with traditional Tibetan music.

1:30 PM to 3:00 PM

Public Talk by His Holiness the Dalai Lama
Theme: "Beyond Religion: Ethics for a Whole World"

MASTER OF CEREMONIES

Andrea D. Copeland, Owner, Positive Channels; Director, Member Education Services at Charlottesville Regional Chamber of Commerce

WELCOME

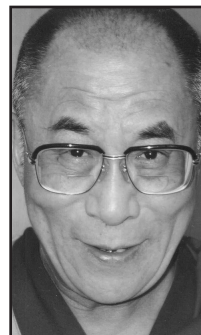
Satyendra Singh Huja, City of Charlottesville Mayor

INTRODUCTION

P. Jeffrey Hopkins, University of Virginia, Emeritus Professor of Religious Studies

PUBLIC TALK

His Holiness the Dalai Lama



ABOUT THE DALAI LAMA

The 14th Dalai Lama was born on July 6, 1935, in the Tibetan village of Taktser. In accordance with tradition, he was recognized at age two as the reincarnation of his predecessor, the 13th Dalai Lama. In 1989 he was awarded the Nobel Peace Prize for his non-violent struggle for the liberation of Tibet. He has consistently advocated policies of non-violence, even in the face of extreme aggression. He also became the first Nobel Laureate to be recognized for his concern for global environmental problems. His Holiness has traveled to more than 62 countries spanning six continents. He has met with presidents, prime ministers and crowned rulers of major nations. He has held dialogues with the heads of different religions and many well-known scientists. Since 1959 His Holiness has received over 84 awards, honorary doctorates, prizes, etc., in recognition of his message of peace, non-violence, inter-religious understanding, universal responsibility and compassion. His Holiness has also authored more than 72 books. Tibetan tradition says the Dalai Lamas are manifestations of the Buddha of Compassion. However, His Holiness the Dalai Lama describes himself as a simple Buddhist monk.

For more information about the Dalai Lama, please visit: www.dalailama.com

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